

# Romanian International Swimming Championships 2016

## 25.05.-29.05.2016



### Continue Event 1 - 4x100m Freestyle Mixed Preliminary

#### open class

2.	1. Team	ROU	Cl. Sp. "DINAMO" BUCURESTI	03:51,96	Q +01.22
	Farcutiu Alexandru (1996 / 20 Years), RT +0.72 50m: 00:25,84, 100m: 00:53,80 (00:27,96)				
	Raiu Florin Alexandru (1994 / 22 Years), RT +0.41 150m: 01:19,60 (00:25,80), 200m: 01:47,69 (00:28,09)				
	Benea Daniela (1987 / 29 Years), RT +0.46 250m: 02:16,86 (00:29,17), 300m: 02:49,41 (00:32,55)				
	Guias Meg Lidia (2002 / 14 Years), RT +0.43 350m: 03:18,81 (00:29,40), 400m: 03:51,96 (00:33,15)				

### Continue Event 3 - 50m Backstroke Men Preliminary

#### open class

----	Sali, Dylan	1995	ROU	Cl. Sp. "DINAMO" BUCURESTI	DNS
	Cancelled.				

### Continue Event 5 - 400m Ind. Medley Men Preliminary

#### open class

4.	Raiu, Florin Alexandru	1994	ROU	Cl. Sp. "DINAMO" BUCURESTI	04:44,16	Q +04.14	631
	RT +0.67 50m: 00:29,43, 100m: 01:03,20 (00:33,77), 150m: 01:41,07 (00:37,87), 200m: 02:18,31 (00:37,24)						
	250m: 02:59,67 (00:41,36), 300m: 03:40,84 (00:41,17), 350m: 04:13,02 (00:32,18), 400m: 04:44,16 (00:31,14)						

#### --- 2. Session ---

### Continue Event 5 - 400m Ind. Medley Men A-Final

#### open class

5.	Raiu, Florin Alexandru	1994	ROU	Cl. Sp. "DINAMO" BUCURESTI	04:39,87	+08.97	661
	RT +0.48 50m: 00:28,51, 100m: 01:00,72 (00:32,21), 150m: 01:37,02 (00:36,30), 200m: 02:12,80 (00:35,78)						
	250m: 02:54,21 (00:41,41), 300m: 03:36,70 (00:42,49), 350m: 04:08,66 (00:31,96), 400m: 04:39,87 (00:31,21)						

### Continue Event 1 - 4x100m Freestyle Mixed A-Final

#### open class

2.	1. Team	ROU	Cl. Sp. "DINAMO" BUCURESTI	03:43,67	+00.82
	Farcutiu Alexandru (1996 / 20 Years), RT +0.75 50m: 00:25,44, 100m: 00:53,11 (00:27,67)				
	Raiu Florin Alexandru (1994 / 22 Years), RT +0.43 150m: 01:19,00 (00:25,89), 200m: 01:46,94 (00:27,94)				
	Cozma Ionela (1989 / 27 Years), RT +0.34 250m: 02:13,84 (00:26,90), 300m: 02:43,22 (00:29,38)				
	Benea Daniela (1987 / 29 Years), RT +0.42 350m: 03:12,13 (00:28,91), 400m: 03:43,67 (00:31,54)				

#### --- 3. Session ---

# Romanian International Swimming Championships 2016

## 25.05.-29.05.2016



### Continue Event 10 - 100m Freestyle Men Preliminary

#### open class

29. Raiu, Florin Alexandru	1994 ROU	Cl. Sp. "DINAMO" BUCURESTI	00:54,90	+04.62	623
RT +0.72 50m: 00:26,33, 100m: 00:54,90 (00:28,57)					
92. Farcutiu, Alexandru	1996 ROU	Cl. Sp. "DINAMO" BUCURESTI	01:02,17	+11.89	429
RT +0.73 50m: 00:29,22, 100m: 01:02,17 (00:32,95)					

### Continue Event 11 - 100m Freestyle Women Preliminary

#### open class

11. Pojar, Rebecca Maria	2000 ROU	Cl. Sp. "DINAMO" BUCURESTI	01:00,87	q +03.14	625
RT +0.72 50m: 00:29,32, 100m: 01:00,87 (00:31,55)					
16. Guias, Meg Lidia	2002 ROU	Cl. Sp. "DINAMO" BUCURESTI	01:02,74	q +05.01	571
RT +0.64 50m: 00:29,72, 100m: 01:02,74 (00:33,02)					

#### juniors

9. Pojar, Rebecca Maria	2000 ROU	Cl. Sp. "DINAMO" BUCURESTI	01:00,87	q +02.72	625
RT +0.72 50m: 00:29,32, 100m: 01:00,87 (00:31,55)					
14. Guias, Meg Lidia	2002 ROU	Cl. Sp. "DINAMO" BUCURESTI	01:02,74	q +04.59	571
RT +0.64 50m: 00:29,72, 100m: 01:02,74 (00:33,02)					

### Continue Event 12 - 100m Breaststroke Men Preliminary

#### open class

Sali, Dylan	1995 ROU	Cl. Sp. "DINAMO" BUCURESTI		DNS	
Cancelled.					

#### --- 4. Session ---

### Continue Event 9 - 800m Freestyle Men fast heat

#### open class

2. Raiu, Florin Alexandru	1994 ROU	Cl. Sp. "DINAMO" BUCURESTI	08:26,83	+07.36	709
RT +0.66 50m: 00:27,46, 100m: 00:57,66 (00:30,20), 150m: 01:28,67 (00:31,01), 200m: 02:00,51 (00:31,84)					
250m: 02:32,38 (00:31,87), 300m: 03:04,45 (00:32,07), 350m: 03:36,70 (00:32,25), 400m: 04:08,86 (00:32,16)					
450m: 04:40,75 (00:31,89), 500m: 05:13,31 (00:32,56), 550m: 05:45,74 (00:32,43), 600m: 06:18,33 (00:32,59)					
650m: 06:50,61 (00:32,28), 700m: 07:23,49 (00:32,88), 750m: 07:55,97 (00:32,48), 800m: 08:26,83 (00:30,86)					

# Romanian International Swimming Championships 2016

## 25.05.-29.05.2016



### Continue Event 8 - 1500m Freestyle Women fast heat

#### open class

2.	Pojar, Rebecca Maria	2000	ROU	Cl. Sp. "DINAMO" BUCURESTI	17:57,49	+36.55	633
RT +0.71 50m: 00:31,71, 100m: 01:07,05 (00:35,34), 150m: 01:42,72 (00:35,67), 200m: 02:19,05 (00:36,33) 250m: 02:54,82 (00:35,77), 300m: 03:31,31 (00:36,49), 350m: 04:07,41 (00:36,10), 400m: 04:43,85 (00:36,44) 450m: 05:20,10 (00:36,25), 500m: 05:56,19 (00:36,09), 550m: 06:32,19 (00:36,00), 600m: 07:08,51 (00:36,32) 650m: 07:44,60 (00:36,09), 700m: 08:20,50 (00:35,90), 750m: 08:56,48 (00:35,98), 800m: 09:32,56 (00:36,08) 850m: 10:08,58 (00:36,02), 900m: 10:44,99 (00:36,41), 950m: 11:21,17 (00:36,18), 1000m: 11:57,28 (00:36,11) 1050m: 12:33,22 (00:35,94), 1100m: 13:09,29 (00:36,07), 1150m: 13:45,26 (00:35,97), 1200m: 14:21,37 (00:36,11) 1250m: 14:57,31 (00:35,94), 1300m: 15:33,27 (00:35,96), 1350m: 16:09,51 (00:36,24), 1400m: 16:45,77 (00:36,26) 1450m: 17:22,10 (00:36,33), 1500m: 17:57,49 (00:35,39)							

#### juniors

2.	Pojar, Rebecca Maria	2000	ROU	Cl. Sp. "DINAMO" BUCURESTI	17:57,49	+36.55	633
RT +0.71 50m: 00:31,71, 100m: 01:07,05 (00:35,34), 150m: 01:42,72 (00:35,67), 200m: 02:19,05 (00:36,33) 250m: 02:54,82 (00:35,77), 300m: 03:31,31 (00:36,49), 350m: 04:07,41 (00:36,10), 400m: 04:43,85 (00:36,44) 450m: 05:20,10 (00:36,25), 500m: 05:56,19 (00:36,09), 550m: 06:32,19 (00:36,00), 600m: 07:08,51 (00:36,32) 650m: 07:44,60 (00:36,09), 700m: 08:20,50 (00:35,90), 750m: 08:56,48 (00:35,98), 800m: 09:32,56 (00:36,08) 850m: 10:08,58 (00:36,02), 900m: 10:44,99 (00:36,41), 950m: 11:21,17 (00:36,18), 1000m: 11:57,28 (00:36,11) 1050m: 12:33,22 (00:35,94), 1100m: 13:09,29 (00:36,07), 1150m: 13:45,26 (00:35,97), 1200m: 14:21,37 (00:36,11) 1250m: 14:57,31 (00:35,94), 1300m: 15:33,27 (00:35,96), 1350m: 16:09,51 (00:36,24), 1400m: 16:45,77 (00:36,26) 1450m: 17:22,10 (00:36,33), 1500m: 17:57,49 (00:35,39)							

### Continue Event 11 - 100m Freestyle Women B-Final

#### open class

12.	Pojar, Rebecca Maria	2000	ROU	Cl. Sp. "DINAMO" BUCURESTI	01:01,96	+02.77	593
RT +0.72 50m: 00:29,98, 100m: 01:01,96 (00:31,98)							
15.	Guias, Meg Lidia	2002	ROU	Cl. Sp. "DINAMO" BUCURESTI	01:02,68	+03.49	573
RT +0.65 50m: 00:30,11, 100m: 01:02,68 (00:32,57)							

#### juniors

10.	Pojar, Rebecca Maria	2000	ROU	Cl. Sp. "DINAMO" BUCURESTI	01:01,96	+02.77	593
RT +0.72 50m: 00:29,98, 100m: 01:01,96 (00:31,98)							
13.	Guias, Meg Lidia	2002	ROU	Cl. Sp. "DINAMO" BUCURESTI	01:02,68	+03.49	573
RT +0.65 50m: 00:30,11, 100m: 01:02,68 (00:32,57)							

#### --- 5. Session ---

### Continue Event 19 - 200m Freestyle Women Preliminary

#### open class

9.	Pojar, Rebecca Maria	2000	ROU	Cl. Sp. "DINAMO" BUCURESTI	02:11,60	q R +03.48	632
RT +0.70 50m: 00:30,27, 100m: 01:03,95 (00:33,68), 150m: 01:38,01 (00:34,06), 200m: 02:11,60 (00:33,59)							
24.	Guias, Meg Lidia	2002	ROU	Cl. Sp. "DINAMO" BUCURESTI	02:19,29	+11.17	533
RT +0.56 50m: 00:30,81, 100m: 01:05,01 (00:34,20), 150m: 01:41,59 (00:36,58), 200m: 02:19,29 (00:37,70)							

#### juniors

7.	Pojar, Rebecca Maria	2000	ROU	Cl. Sp. "DINAMO" BUCURESTI	02:11,60	q R +03.48	632
RT +0.70 50m: 00:30,27, 100m: 01:03,95 (00:33,68), 150m: 01:38,01 (00:34,06), 200m: 02:11,60 (00:33,59)							
21.	Guias, Meg Lidia	2002	ROU	Cl. Sp. "DINAMO" BUCURESTI	02:19,29	+11.17	533
RT +0.56 50m: 00:30,81, 100m: 01:05,01 (00:34,20), 150m: 01:41,59 (00:36,58), 200m: 02:19,29 (00:37,70)							

# Romanian International Swimming Championships 2016

## 25.05.-29.05.2016



### Continue Event 19 - 200m Freestyle Women Preliminary

### Continue Event 20 - 200m Freestyle Men Preliminary

#### open class

4.	Raiu, Florin Alexandru	1994	ROU	Cl. Sp. "DINAMO" BUCURESTI	01:55,82	Q +01.03	683
RT +0.65 50m: 00:26,80, 100m: 00:55,68 (00:28,88), 150m: 01:25,67 (00:29,99), 200m: 01:55,82 (00:30,15)							

### Continue Event 23 - 100m Backstroke Women Preliminary

#### open class

35.	Mocanu, Cristina Erika	2002	ROU	Cl. Sp. "DINAMO" BUCURESTI	01:16,10	+11.42	445
RT +0.70 50m: 00:36,77, 100m: 01:16,10 (00:39,33)							

#### juniors

27.	Mocanu, Cristina Erika	2002	ROU	Cl. Sp. "DINAMO" BUCURESTI	01:16,10	+08.94	445
RT +0.70 50m: 00:36,77, 100m: 01:16,10 (00:39,33)							

### Continue Event 24 - 100m Backstroke Men Preliminary

#### open class

----	Sali, Dylan	1995	ROU	Cl. Sp. "DINAMO" BUCURESTI		DNS	
Cancelled.							

#### --- 6. Session ---

### Continue Event 19 - 200m Freestyle Women B-Final

#### open class

11.	Pojar, Rebecca Maria	2000	ROU	Cl. Sp. "DINAMO" BUCURESTI	02:11,69	+01.30	631
RT +0.76 50m: 00:30,26, 100m: 01:03,82 (00:33,56), 150m: 01:38,06 (00:34,24), 200m: 02:11,69 (00:33,63)							

#### juniors

9.	Pojar, Rebecca Maria	2000	ROU	Cl. Sp. "DINAMO" BUCURESTI	02:11,69	+01.30	631
RT +0.76 50m: 00:30,26, 100m: 01:03,82 (00:33,56), 150m: 01:38,06 (00:34,24), 200m: 02:11,69 (00:33,63)							

### Continue Event 20 - 200m Freestyle Men A-Final

#### open class

4.	Raiu, Florin Alexandru	1994	ROU	Cl. Sp. "DINAMO" BUCURESTI	01:54,82	+01.50	701
RT +0.64 50m: 00:27,00, 100m: 00:55,98 (00:28,98), 150m: 01:25,62 (00:29,64), 200m: 01:54,82 (00:29,20)							

#### --- 7. Session ---

# Romanian International Swimming Championships 2016

## 25.05.-29.05.2016



### Continue Event 28 - 200m Backstroke Women Preliminary

#### open class

8. Pojar, Rebecca Maria	2000 ROU	Cl. Sp. "DINAMO" BUCURESTI	02:30,64	Q +10.42	558
RT +0.69 50m: 00:35,24, 100m: 01:13,45 (00:38,21), 150m: 01:52,29 (00:38,84), 200m: 02:30,64 (00:38,35)					

#### juniors

5. Pojar, Rebecca Maria	2000 ROU	Cl. Sp. "DINAMO" BUCURESTI	02:30,64	Q +05.70	558
RT +0.69 50m: 00:35,24, 100m: 01:13,45 (00:38,21), 150m: 01:52,29 (00:38,84), 200m: 02:30,64 (00:38,35)					

### Continue Event 29 - 50m Butterfly Men Preliminary

#### open class

5. Farcutiu, Alexandru	1996 ROU	Cl. Sp. "DINAMO" BUCURESTI	00:25,27	Q +00.68	699
RT +0.71					

### Continue Event 30 - 50m Butterfly Women Preliminary

#### open class

57. Mocanu, Cristina Erika	2002 ROU	Cl. Sp. "DINAMO" BUCURESTI	00:34,42	+05.78	357
RT +0.46					

#### juniors

49. Mocanu, Cristina Erika	2002 ROU	Cl. Sp. "DINAMO" BUCURESTI	00:34,42	+05.74	357
RT +0.46					

### Continue Event 34 - 4x100m Freestyle Women Preliminary

#### open class

----

1. Team	ROU	Cl. Sp. "DINAMO" BUCURESTI	DQ
Second swimmer started bevor the first one touched the wall.			
Pojar Rebecca Maria (2000 / 16 Years)			
Guias Meg Lidia (2002 / 14 Years)			
Mocanu Cristina Erika (2002 / 14 Years)			
Benea Daniela (1987 / 29 Years)			

--- 8. Session ---

# Romanian International Swimming Championships 2016

## 25.05.-29.05.2016



### Continue Event 28 - 200m Backstroke Women A-Final

#### open class

7.	Pojar, Rebecca Maria	2000	ROU	Cl. Sp. "DINAMO" BUCURESTI	02:29,00	+12.27	577
RT +0.67 50m: 00:35,22, 100m: 01:12,84 (00:37,62), 150m: 01:51,45 (00:38,61), 200m: 02:29,00 (00:37,55)							

#### juniors

4.	Pojar, Rebecca Maria	2000	ROU	Cl. Sp. "DINAMO" BUCURESTI	02:29,00	+04.60	577
RT +0.67 50m: 00:35,22, 100m: 01:12,84 (00:37,62), 150m: 01:51,45 (00:38,61), 200m: 02:29,00 (00:37,55)							

### Continue Event 29 - 50m Butterfly Men A-Final

#### open class

6.	Farcutiu, Alexandru	1996	ROU	Cl. Sp. "DINAMO" BUCURESTI	00:25,24	+00.73	701
RT +0.68							

#### --- 9. Session ---

### Continue Event 35 - 50m Freestyle Women Preliminary

#### open class

10.	Benea, Daniela	1987	ROU	Cl. Sp. "DINAMO" BUCURESTI	00:27,96	q R +01.13	611
RT +0.73							
30.	Guias, Meg Lidia	2002	ROU	Cl. Sp. "DINAMO" BUCURESTI	00:29,30	+02.47	531
RT +0.69							
31.	Pojar, Rebecca Maria	2000	ROU	Cl. Sp. "DINAMO" BUCURESTI	00:29,33	+02.50	529
RT +0.70							
65.	Mocanu, Cristina Erika	2002	ROU	Cl. Sp. "DINAMO" BUCURESTI	00:31,35	+04.52	433
RT +0.70							

#### juniors

20.	Guias, Meg Lidia	2002	ROU	Cl. Sp. "DINAMO" BUCURESTI	00:29,30	+01.93	531
RT +0.69							
21.	Pojar, Rebecca Maria	2000	ROU	Cl. Sp. "DINAMO" BUCURESTI	00:29,33	+01.96	529
RT +0.70							
50.	Mocanu, Cristina Erika	2002	ROU	Cl. Sp. "DINAMO" BUCURESTI	00:31,35	+03.98	433
RT +0.70							

### Continue Event 36 - 50m Freestyle Men Preliminary

#### open class

8.	Farcutiu, Alexandru	1996	ROU	Cl. Sp. "DINAMO" BUCURESTI	00:23,83	Q +00.50	675
RT +0.71							
27.	Raiu, Florin Alexandru	1994	ROU	Cl. Sp. "DINAMO" BUCURESTI	00:25,56	+02.23	547
RT +0.63							

# Romanian International Swimming Championships 2016

## 25.05.-29.05.2016



### Continue Event 36 - 50m Freestyle Men Preliminary

### Continue Event 38 - 200m Ind. Medley Men Preliminary

#### open class

Sali, Dylan 1995 ROU Cl. Sp. "DINAMO" BUCURESTI DNS  
Cancelled.

### Continue Event 39 - 400m Freestyle Women Preliminary

#### open class

6. Pojar, Rebecca Maria 2000 ROU Cl. Sp. "DINAMO" BUCURESTI 04:40,51 Q +12.07 613  
RT +0.73 50m: 00:31,70, 100m: 01:06,33 (00:34,63), 150m: 01:41,85 (00:35,52), 200m: 02:17,98 (00:36,13)  
250m: 02:54,17 (00:36,19), 300m: 03:30,55 (00:36,38), 350m: 04:06,39 (00:35,84), 400m: 04:40,51 (00:34,12)

17. Guias, Meg Lidia 2002 ROU Cl. Sp. "DINAMO" BUCURESTI 04:57,21 R +28.77 515  
RT +0.70 50m: 00:31,87, 100m: 01:07,46 (00:35,59), 150m: 01:44,74 (00:37,28), 200m: 02:22,45 (00:37,71)  
250m: 03:01,20 (00:38,75), 300m: 03:39,83 (00:38,63), 350m: 04:19,05 (00:39,22), 400m: 04:57,21 (00:38,16)

#### juniors

6. Pojar, Rebecca Maria 2000 ROU Cl. Sp. "DINAMO" BUCURESTI 04:40,51 Q +12.07 613  
RT +0.73 50m: 00:31,70, 100m: 01:06,33 (00:34,63), 150m: 01:41,85 (00:35,52), 200m: 02:17,98 (00:36,13)  
250m: 02:54,17 (00:36,19), 300m: 03:30,55 (00:36,38), 350m: 04:06,39 (00:35,84), 400m: 04:40,51 (00:34,12)

16. Guias, Meg Lidia 2002 ROU Cl. Sp. "DINAMO" BUCURESTI 04:57,21 R +28.77 515  
RT +0.70 50m: 00:31,87, 100m: 01:07,46 (00:35,59), 150m: 01:44,74 (00:37,28), 200m: 02:22,45 (00:37,71)  
250m: 03:01,20 (00:38,75), 300m: 03:39,83 (00:38,63), 350m: 04:19,05 (00:39,22), 400m: 04:57,21 (00:38,16)

### Continue Event 40 - 400m Freestyle Men Preliminary

#### open class

6. Raiu, Florin Alexandru 1994 ROU Cl. Sp. "DINAMO" BUCURESTI 04:11,11 Q +06.17 673  
RT +0.82 50m: 00:28,37, 100m: 00:59,49 (00:31,12), 150m: 01:30,78 (00:31,29), 200m: 02:02,83 (00:32,05)  
250m: 02:35,45 (00:32,62), 300m: 03:07,12 (00:31,67), 350m: 03:39,34 (00:32,22), 400m: 04:11,11 (00:31,77)

--- 10. Session ---

### Continue Event 35 - 50m Freestyle Women B-Final

#### open class

11. Benea, Daniela 1987 ROU Cl. Sp. "DINAMO" BUCURESTI 00:27,72 +00.12 627  
RT +0.70

# Romanian International Swimming Championships 2016

## 25.05.-29.05.2016



### Continue Event 36 - 50m Freestyle Men A-Final

#### open class

7. Farcutiu, Alexandru	1996	ROU	Cl. Sp. "DINAMO" BUCURESTI	00:23,59	+01.30	696
RT +0.68						

### Continue Event 39 - 400m Freestyle Women A-Final

#### open class

5. Pojar, Rebecca Maria	2000	ROU	Cl. Sp. "DINAMO" BUCURESTI	04:36,31	+12.16	642
RT +0.61 50m: 00:30,44, 100m: 01:04,42 (00:33,98), 150m: 01:39,59 (00:35,17), 200m: 02:14,94 (00:35,35) 250m: 02:51,01 (00:36,07), 300m: 03:26,64 (00:35,63), 350m: 04:02,47 (00:35,83), 400m: 04:36,31 (00:33,84)						

#### juniors

5. Pojar, Rebecca Maria	2000	ROU	Cl. Sp. "DINAMO" BUCURESTI	04:36,31	+12.16	642
RT +0.61 50m: 00:30,44, 100m: 01:04,42 (00:33,98), 150m: 01:39,59 (00:35,17), 200m: 02:14,94 (00:35,35) 250m: 02:51,01 (00:36,07), 300m: 03:26,64 (00:35,63), 350m: 04:02,47 (00:35,83), 400m: 04:36,31 (00:33,84)						

### Continue Event 39 - 400m Freestyle Women B-Final

#### open class

15. Guias, Meg Lidia	2002	ROU	Cl. Sp. "DINAMO" BUCURESTI	04:56,88	+14.56	517
RT +0.60 50m: 00:32,01, 100m: 01:07,71 (00:35,70), 150m: 01:44,87 (00:37,16), 200m: 02:23,14 (00:38,27) 250m: 03:01,40 (00:38,26), 300m: 03:40,46 (00:39,06), 350m: 04:18,96 (00:38,50), 400m: 04:56,88 (00:37,92)						

#### juniors

14. Guias, Meg Lidia	2002	ROU	Cl. Sp. "DINAMO" BUCURESTI	04:56,88	+09.35	517
RT +0.60 50m: 00:32,01, 100m: 01:07,71 (00:35,70), 150m: 01:44,87 (00:37,16), 200m: 02:23,14 (00:38,27) 250m: 03:01,40 (00:38,26), 300m: 03:40,46 (00:39,06), 350m: 04:18,96 (00:38,50), 400m: 04:56,88 (00:37,92)						

### Continue Event 40 - 400m Freestyle Men A-Final

#### open class

8. Raiu, Florin Alexandru	1994	ROU	Cl. Sp. "DINAMO" BUCURESTI	04:52,43	+59.40	426
RT +0.54 50m: 00:26,75, 100m: 00:56,52 (00:29,77), 150m: 01:27,34 (00:30,82), 200m: 01:59,06 (00:31,72) 250m: 02:35,01 (00:35,95), 300m: 03:21,73 (00:46,72), 350m: 04:06,99 (00:45,26), 400m: 04:52,43 (00:45,44)						